

RIISING AGAINST ALL ODDS: THE STRENGTH WITHIN

Mr. Manas Mishra, as a life coach and Peak performance coach, has been working to empower individuals for over a decade. He is the founder of the organization JAMPS (Just about making people successful) in order to help people from all walks of life. He lectures and hosts workshops, nationally and internationally, related to all aspects of life.

Every great success story is paved with challenges. Whether it's a personal goal, a professional ambition, or a dream you hold dear, obstacles are part of the journey. What separates those who succeed from those who don't is not the absence of struggle, but the presence of determination. Mr. Manas Mishra asked the students to embrace those challenges as he considers them as the stepping stones that lead to growth and achievement.

The speaker addressed the students as heroes as he believes that they have the potential to do wonders! He reminded them that they are capable of far more than they think. Their dreams are within reach if they have the determination to pursue them. He asked all of them not to let fear or self-doubt hold them back. He asked each of them to step out of their comfort zones.

The students thoroughly enjoyed themselves in the session.



Manas Mishra making the students do an exercise



Manas Mishra, being felicitated by the HOD of H&S, Dr Madhusudhana Reddy